

Alkaline pH

Correct pH is essential in having optimal health!

Are you **Acidic** or **Alkaline**?

pH Chart

>>> Health & Wellness >>>	14.0	10,000,000 X more Alkaline	Strong Alkaline Chemicals
	13.0	1,000,000 X more Alkaline	Household Lye
	12.0	100,000 X more Alkaline	Bleach
	11.0	10,000 X more Alkaline	Ammonia
	10.0	1,000 X more Alkaline	Milk of Magnesia
	9.0	100 X more Alkaline	Kangen Waters® (9.0 & 9.5)
	8.0	10 X more Alkaline	Mild Kangen Water® (8.5)
	7.4	3 X more Alkaline	Healthy Blood
	7.0	Neutral	Tap Water (Average)
	6.5	4 X more Acidic	Milk
<<< Sickness & Disease <<<	6.0	10 X more Acidic	Bottled Waters
	5.0	100 X more Acidic	Coffee
	4.0	1,000 X more Acidic	Juices, Beer, Energy Drinks
	3.0	10,000 X more Acidic	Tea, Soda, Carbonated Drinks
	2.0	100,000 X more Acidic	Strong Acidic Chemicals
	1.0	1,000,000 X more Acidic	Strong-Sulphuric Acid
	1.0	10,000,000 X more Acidic	Strong-Lead Acid Battery