

# Your Body Needs Water

When you consider factors that determine health or illness, water cannot be overlooked.

Your cells are much like fish in a fish tank—they are surrounded by water.

Over time the fish eat food and eliminate wastes into the water!

When the fish get sick do you give them a pill?

Of course not! You change the water!

Give your body what it needs...  
Change your water to Kangen Water®!

Kangen Water® molecule cluster size is smaller than other water,  
which increases your body's ability to absorb it.

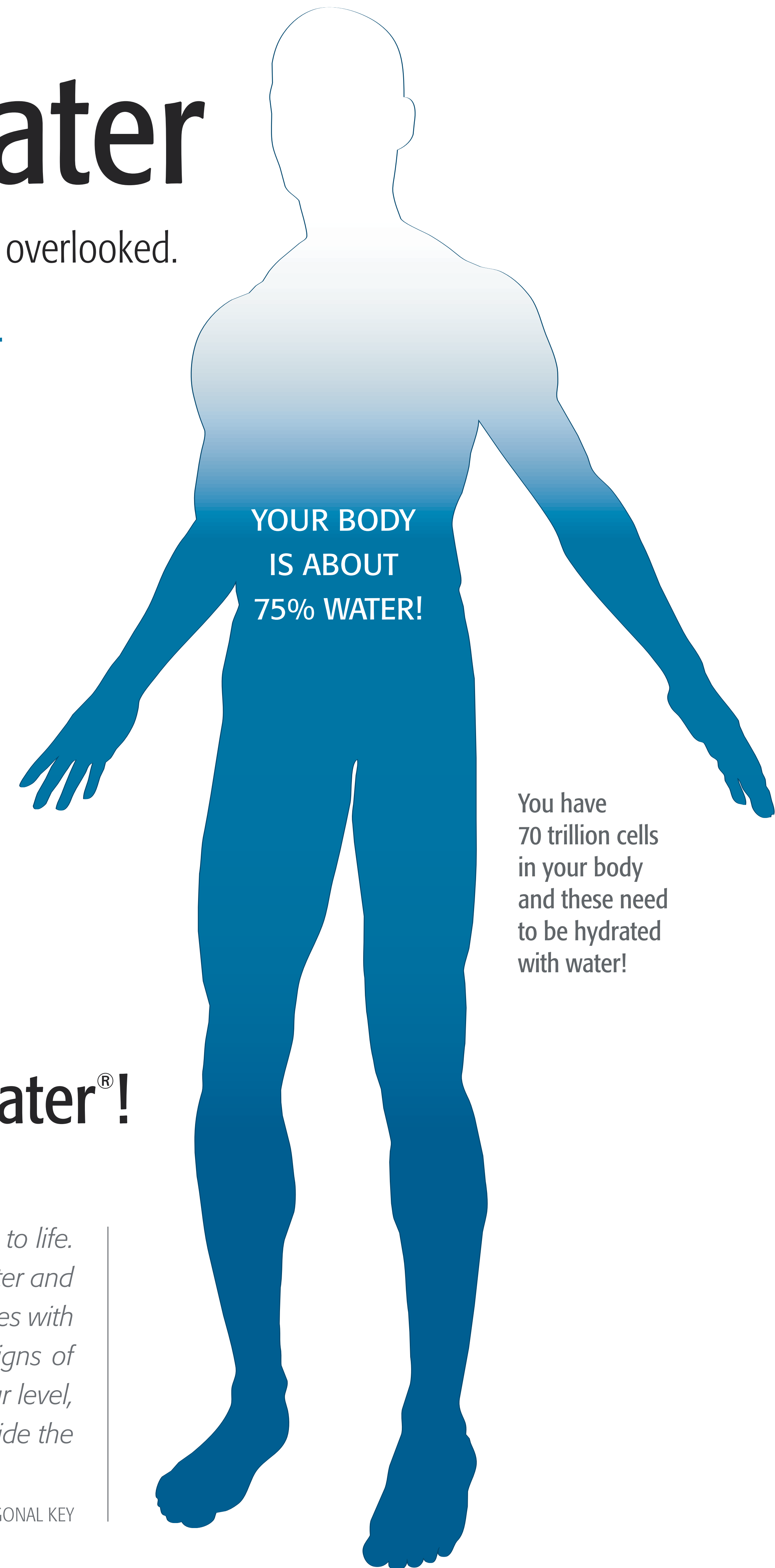
Unlike other water, Kangen Water® will properly hydrate you.

Vitamins and other nutrients will be utilized more effectively,  
wastes and toxins will be removed more efficiently  
and your overall health will be improved!

## Super-Hydrate Your Body With Kangen Water®!

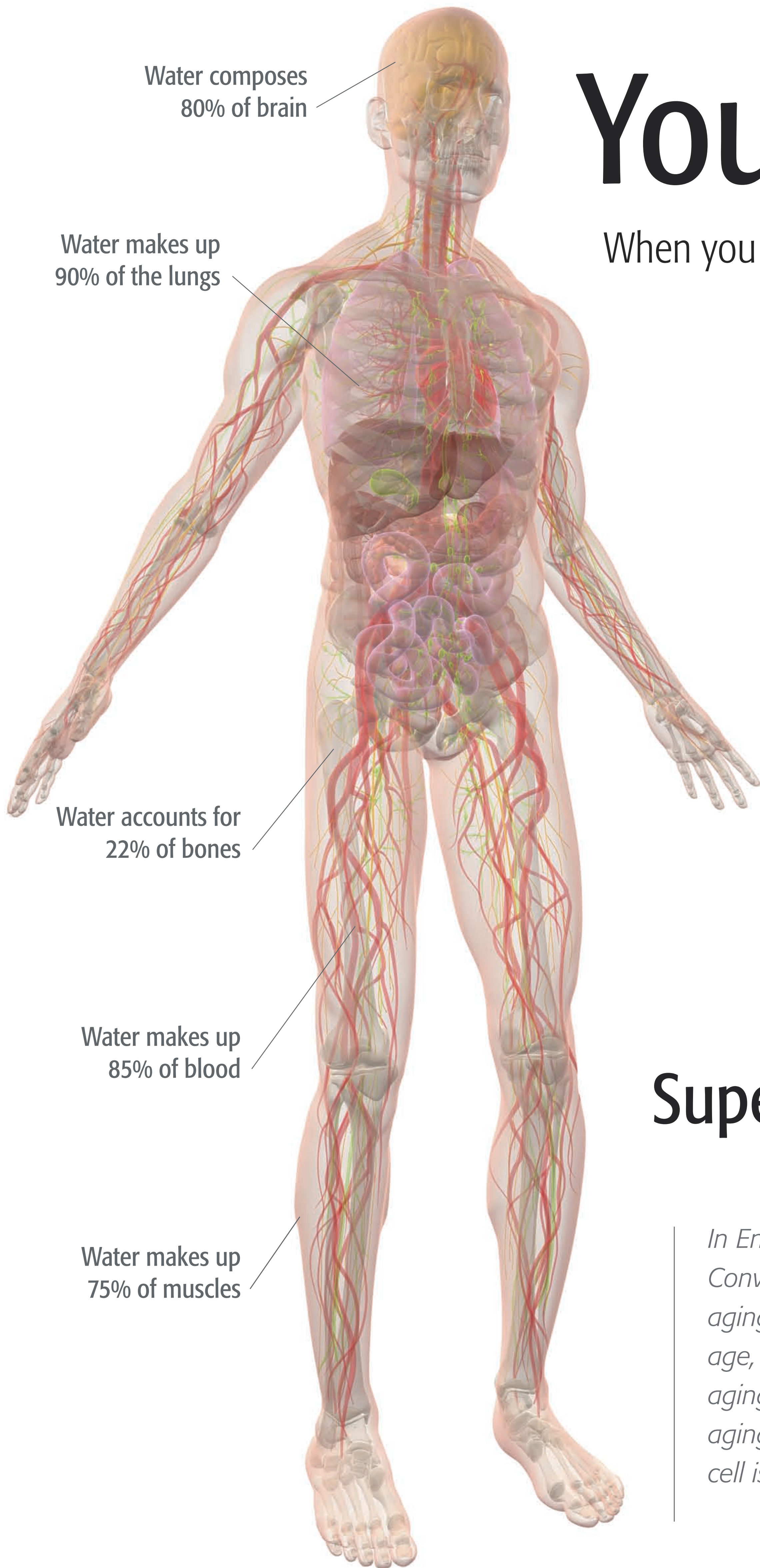
*In English, there is an expression, "the water of life," which implies the importance of water to life. Conversely, the term "withered" has been used to describe the lack of water in the aged. Water and aging are directly related and it has been shown that the water content of the body decreases with age, producing a visible wrinkling and withering effect. Keep in mind that the outward signs of aging are just an indicator of what is also happening on the inside of the body. At the cellular level, aging causes a shift in the ratio of water inside vs. outside the cell. The volume of water inside the cell is reduced and the cells "wither" just like the skin on the outside of the body.*

—Dr. Mu Shik John, THE WATER PUZZLE AND THE HEXAGONAL KEY



YOUR BODY  
IS ABOUT  
75% WATER!

You have  
70 trillion cells  
in your body  
and these need  
to be hydrated  
with water!



Water composes  
80% of brain

Water makes up  
90% of the lungs

Water accounts for  
22% of bones

Water makes up  
85% of blood

Water makes up  
75% of muscles