

# Kangen Water and Eye Health

## Dr Nhung Brandenburg

Dr. Nhung Brandenburg received her Doctor of Optometry degree from the Southern College of Optometry in 1997, where she graduated magna cum laude, and her Bachelor of Science degree from the University of Central Florida. After graduation, she joined a surgical practice where she managed a variety of ocular diseases and provided pre and post-operative care for cataract, glaucoma, and refractive surgery patients. Dr. Brandenburg has extensive experience in the treatment of eye disease, red eyes, injuries and specialty contact lenses (including hard-to-fit bifocal and corneal refractive therapy).

Excerpts from a video testimony of her experiences with Kangen ionized water.

When Dr Nhung first tried the Kangen ionized water, she did so because of her husband's health problems. He suffered from severe Migraine headaches, high blood pressure, high cholesterol, and acid reflux. After a month on the Kangen ionized water, he went to his doctor for a check up and found that he had lost weight, his cholesterol numbers were lower, and his blood pressure was down almost 50 points. He also had no more problems with acid reflux and migraine headaches.

Dr. Nhung said she was already very healthy, but after drinking the Kangen water her energy levels improved greatly and helped her at work with her demanding schedule and being constantly on her feet going from room to room to see her patients.

Dr Nhung sees patients of all ages who have diabetes and high blood pressure. Because of the diabetes they need to have medical eye exams to check on signs of bleeding and leakage in the back of the eye. She said that her patients who drank the Kangen ionized water saw reduced blood sugar levels after only 2 weeks and some it took 2 months. Their doctors reduced their insulin because of that. These patients saw less signs of day-to-day fluctuating vision and their night vision was improved. She said that overall their vision was more stable from day to day.

Dr Nhung also believes the Kangen ionized water can help eye health in many other ways because of its unique properties to eliminate waste, enhance metabolism and hydrate the eye.

She says: "Kangen waters unique properties is a huge enhancement to eye health. Especially with dry eyes, Macular Degeneration, and Glaucoma.

Dry eye patients reported a reduced need for artificial tears or prescribed medications for dry eyes when they drank the Kangen ionized water. Also, styes were resolved quickly when using the Kangen strong acidic 2.5 pH water in the eye. Styes and eye inflammation can be a problem in Atlanta related pollen." (My Note: I personally have used the 2.5 pH Kangen ionized water in my eyes when I had pink eye and it took care of it in less than 24 hours because it has the ability to kill all bacteria, fungus and virus on contact. See Kill Chart attached).

Dr Nhung also stated: "This water also reduces puffiness of skin around eyelids as well as the sunken look of the eye socket when eyes become dehydrated. Because of Kangen ionized water's antioxidant it has great potential for help inside the eye especially with Macular Degeneration. The center part of the eye breaks down as we age and cannot remove waste products well; these wastes sit on the retina and cause bleeding, scar formation and potential blind spots and central blindness. Research has proven that people with Macular Degeneration can stabilize or slow down this disease with antioxidants and may not lose their vision. Because Kangen ionized water has around 8 to 10 times more antioxidant value than most it can be used as an adjunct to increase antioxidant levels and help eliminate waste from the macula and can potentially improve the vision of someone with Macular Degeneration."

Regarding Diabetes and Glaucoma, Dr Nhung states: "Glaucoma is related to blood flow to the eye. Kangen ionized water has the ability to enhance blood flow to the back of the eye and also improve circulation. Diabetes is also related to blood flow."

"In my opinion, Kangen ionized water has a great deal of potential to help people with eye health problems. I have been recommending it to patients because of its unique characteristics to reduce inflammation and to increase blood flow and thereby enhance their lives"