## My ERW Story – Pat Sakurai

- In December 2006, I was diagnosed with a low grade of Prostate Cancer, a Gleason score of 6. The doctor that diagnosed me was a Brachytherapy Specialist. So of course that was what he recommended. Brachytherapy is Radio Active Seed Implants into the Prostate. The doctor said I could research this and get back to him in a month.
- After researching, I found that I did not want to deal with the side effects of any common procedure. I found something called HIFU and spoke to several patients about it. They rave about it, so I also found that they are doing a clinical study here in the states about approving it. It is in phase III of three phases. It is approved all over the world except here in the USA. I did not qualify for the clinical study due to distance. (That is another story).
- After being turned down on that, I found out about, ERW. Being Japanese, It was easy to take to the technology. I am also a retired I. T. person, so technology was easy to go with. I have been drinking it since May of 2007. After being on it for a couple of years, I asked my doctor for another biopsy test. Any that would give me a better understanding of my status. I took the," Wait and See" procedure. Dr. Whitaker in OC, Calif, has said and several other doctors agree, that men die with Prostate Cancer, Not normally from it. The medical community would not do another test as they said; I had not done anything to change my status.
- So after nearly 5 years, I finally got them to do another Biopsy on July 27, 2011. I went in for the results on August 11, 2011 and am proud to say, they have deemed me, CANCER FREE! I will be spreading the word about this BIG TIME!

- I also no longer have any arthritis nor suffer from any headaches. I do not have anything of the Senioritis type of aliments. I do still have a BPH issue, Enlarged prostate. But I can handle that in other ways. I have a knee issue as in 2002 a orthopedic doctor did a arthroscopic surgery on my knee, but did not take into effect that I am loose jointed in most of my joints, thus when he sewed me together, it later tore again. I need to take care of that as well. They would not do it before for fear of spreading the cancer. Thanks to ERW the pain is very minimal.
- Update 5/8/12 I recently, developed Shingles. It is otherwise known as adult on-set 2nd occurrence of Childhood (had it as a child) chickenpox. Usually it is quite painful as an adult and can get into the eye if you happen to accidentally infect your self there. It started out as what I thought initially as a bump on the head abrasion in my scalp and over my left eyebrow. That was last Thursday morning. Saturday morning, I woke up with a swollen left eye, Sunday my left under eye was swollen as well. AND the rash was spreading across my forehead and left to right scalp. I started soaking a washcloth in 2.5 and laying that on 1/1 on/off per hour. That did not seem to be working, so I sprayed it on about once every 2.5 hours. (It did keep the swelling down, but not very noticeably with the washcloth) Spraying worked. I sprayed in my eye as well. My vision was not affected, other than not being able to see well out of both eyes, since one was slightly shut. I went to the doctors today 5/8/12 and other than the bumps and crusty look of the bumps, it should be OK. No pain, no itching to speak of. I will start using 5.5 every other hour to keep from scaring.
- Update, 5/20/12. As of Today, It appears 99 % healed. I have some scabs in my scalp and over my left eye, but no pain to speak of and very little itching. Most of it can be handled by just easy rubbing with finger tip. There may be some scarring, but will have to see. I have an appointment with a Dr at the VA on the 24<sup>th</sup>. Thanks to ERW, All is well.