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# HEALTH NEWS

Volume 21 • Number 3

Featuring Information on Alkaline Antioxidant Water

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## Healing Power of Alkaline Antioxidant Water

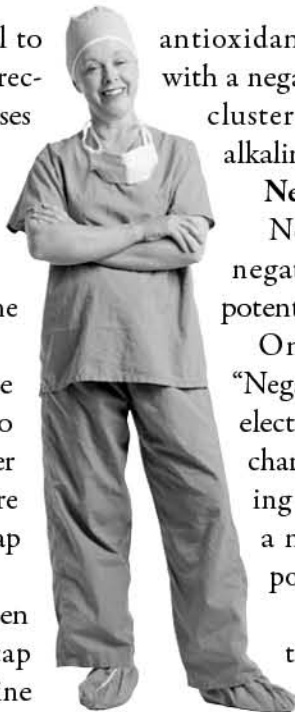
### Doctors Explain How and Why Alkaline Antioxidant Water Works

Staying hydrated is critical to your health. That is why it is recommended to drink eight glasses of water each day.

However, we now know that regular tap water doesn't provide as many benefits as a different kind of water, alkaline antioxidant water.

Doctors everywhere are encouraging their patients to drink alkaline antioxidant water because it provides many more health benefits than regular tap water.

What is the difference between alkaline water and regular tap water or bottled water? Alkaline



antioxidant water is ionized water with a negative ORP that has micro-clustered molecules and a high alkaline pH.

#### Negative ORP

Negative ORP stands for negative oxidation reduction potential.

One doctor explains it: "Negative ORP is the gaining of electrons which have a negative charge. Any time you are gaining electrons, you are gaining a negative charge which is positive for your health.

"In this unique case, negative equals positive benefits. You are anti-oxidizing.

"For instance, soda is one of the highest oxidants that you can put into your body. You do not want oxidants in your body if you want to live disease free. Negative ORP is the antioxidant and anti-inflammatory component of alkaline antioxidant water."

#### Micro-Clustering of Water Molecules

One of the main features of alkaline antioxidant water is the ability to cluster in groups of only six water molecules.

Another doctor explains the benefits of hexagonal or micro-clusters of water molecules: "Alkaline antioxidant water is produced through means that favor the development of six-sided water

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### Water Helped Me Provide for My Family Again

David • My wife and I have had our lives dramatically changed. We have adopted the Japanese word Jiyuu, which means to be free.

We are living our dream and have been privileged to be able to help thousands of people find good health with the only medical grade alkaline antioxidant water.

When I turned 50, I started to notice a decline in my health. As a man who deeply values his ability to be strong, effective, and provide for my family, this decline in my health affected me on many levels.

I started feeling severe midday fatigue, urgency to urinate without the ability to actually go, leg pain, a shortness of breath and heartburn. I went to a doctor and was prescribed medicine for high cholesterol, which I discovered runs in my family.

I had gained 65 pounds within the 16 previous years. I was quite troubled by all of this. I had been such a positive

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## Personal Experiences

### Running Faster

Matthew • I am a Molecular Hydration Specialist. I work with people who have degenerative diseases, such as fibromyalgia, muscular sclerosis, lupus, and diabetes.

For anyone to improve their health, they need their body to work properly. The antioxidant properties of the water, and the ORP (Oxidation Reduction Potential) enable the cells to function properly and put out more energy which is critical for the body.

I like to run, surf, and stay healthy.

At 62 years old, I like to run five miles a day. However, several years ago, before I got the water, I noticed that I started to lose speed and slow down.

When I first found alkaline antioxidant water, I was very skeptical. My wife and I decided to give it a try, so we started drinking the water together.

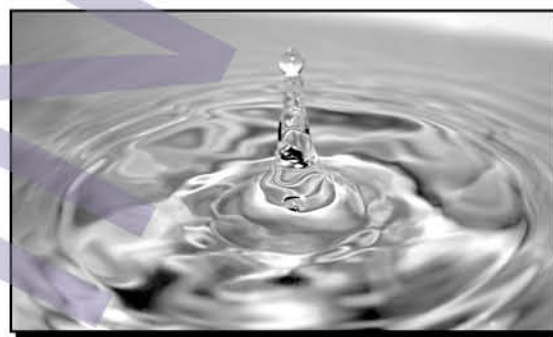
My running time went from about 10 minutes a mile to under 8 minutes a mile, and I have plenty of extra energy when I am done. My wife has lost 11 pounds and is very pleased with the results.

### 48 Hours to Good Health

Steve • About a year ago, my wife tried drinking alkaline antioxidant water.

She was having bladder problems and other female problems and she did not know whether it would work for her, but we both had hope. After drinking alkaline antioxidant water for only 48 hours, many of her conditions improved.

I started to drink the water myself



and it helped me with prostate problems, arthritis, and acid reflux. I couldn't believe that my acid reflux I had been dealing with for

17 years was gone. When I forget to drink alkaline antioxidant water, my arthritis will flair back up. But as soon as I start drinking it again, it goes away.

As long as I drink alkaline antioxidant water I'm good. My energy is through the roof. It's amazing. It gives my body the ability to heal itself. I'm on a mission to help all mankind by offering them alkaline antioxidant water.

### Defeated Diabetes

Ethan • I was involved in an auto accident and was hospitalized with serious complications. I developed medically induced diabetes due to the steroids I was given. I had a massive pulmonary embolism. I also had blood clots in my lungs. The doctors said that there was really no reason why I should have still been alive. When I got out of

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### Alkaline Antioxidant Water can help you:

- Increase Energy
- Sleep Better
- Reduce Pain
- Eliminate Acid Reflux
- Relieve Colitis
- Normalize High Blood Pressure
- Overcome Diabetes
- Lose Weight
- And Much More!

# Personal Experiences with

## Defeated Diabetes

*Continued from Page 1*

the hospital I was still in bad shape, but I was alive.

Because of the accident, I became totally disabled. I was too injured and too sick to hold any type of meaningful employment.

Before the accident, I had been in the health field for over 25 years and a certified natural consultant for the past 15 years. I decided to use my best knowledge, experience and research to help myself.

I began taking nutritional supplements and drinking natural spring water with a PH of 5.5 to help with the diabetes. At a height of six foot five inches tall, I weighed over 400 pounds.

I thought I was doing something good for my health by using the natural supplements, eating an alkaline diet, and drinking about two gallons of the natural spring water every day. It was not working.

I began to get sicker and sicker and I could not understand why. I was eventually diagnosed with spinal bone cancer and breast cancer that had gone previously misdiagnosed.

It gets worse. I was then diagnosed with pancreatic cancer and the doctors scheduled me to have my pancreas and gall bladder removed. I said no!

I refused the operations. My conditions got worse and the misdiagnosis continued. I was bed ridden and knew that I could die at any moment. At that dire time, I remembered a doctor telling me about alkaline antioxidant water.

Within 20 minutes of drinking my first large glass of alkaline antioxidant water, my stomach stopped hurting for the first time in six months.

At the time I was on 13 different medications for a variety of different medical problems, such as severe nerve damage, irremovable blood clots, chronic insomnia, erratic heartbeat, high blood pressure, and high triglycerides.

I needed 12 shots of insulin a day just to stay alive. I was up to about 1200 units of insulin a day and the doctors

told me that with whatever little time I had left to live, I would always need to be on high doses of insulin.

Since that first day I drank alkaline antioxidant water, everything took a turn for the better. I have gone from taking 13 medications a day to only taking three medications a day.

Now, instead of taking 15 pain pills a day, I take only 2 pain pills, if I need them.

The once constant stabbing pains in my feet have vanished, and my severe kidney problems are a thing of the past. My doctor was about to amputate the heel of my foot.

I decided to go home and soak the foot in strong acid water. When I went back to the doctor, he was angry and just could not understand why I had defied his orders. Then he examined me. My foot had healed from the inside out.

My arterial specialist checked my arteries and found that all of the blood clots and the plaque that had once plagued me had totally dissolved. He said he had never seen blood clots just disappear like that. The doctors were baffled.

I know that alkaline antioxidant water helped heal my body of all of the awful and life-threatening diseases I had to deal with. I am overjoyed and so thankful. Alkaline antioxidant water saved my life!

## From Skeptic to Supporter

Michael • Two years ago, I started drinking alkaline antioxidant water. I enjoy giving it away to my family and friends.

My father was suffering from six different ailments and was also an angry skeptic. His health has improved so dramatically by drinking alkaline anti-

oxidant water, that he has since become one of its most adamant supporters.

He now drinks it faithfully and shares it with others whenever he can. Alkaline antioxidant water positively changes lives in so many ways. It's phenomenal.

## Energy Drinks Replaced

Alex • I have owned and operated my own cleaning business for years. My routine has been to drink an energy drink

just before I start working and then have another one during the second half of my workday.

After I started drinking alkaline antioxidant water I noticed that I would start my workday with my usual energy drink, but later on in the day I forgot to have my second energy drink. I didn't need it.

Soon I just stopped drinking the energy drinks altogether. Alkaline antioxidant water was giving me all the energy I needed. I have not purchased another energy drink.

My wife and I recently took a road trip. We did not bring any of our alkaline antioxidant water with us. Instead, we just drank the local tap water. After a while, my wife and I began to feel bloated, sluggish and tired.

"Do you have a nasty chalky taste in your mouth?" I asked my wife.

"Wow! You taste that too?" she replied.

We both just looked at each other. We instantly got it. Alkaline antioxidant water was giving both of us more energy, well being, and good taste than we had even realized.

Also, I have been diagnosed with high blood pressure, but I no longer take or need any blood pressure pills.

My wife has been plagued by muscle cramps for most of her life. One night she woke up with leg cramps.

After she drank a glass of alkaline antioxidant water, I began to massage some of the water directly onto her leg and her pain stopped.

My wife's sister also suffers from chronic leg cramps. When she used the water on her legs, her pain also stopped.

Alkaline antioxidant water is now a permanent fixture in our lives.

## Arthritis Pain Gone

Emma • I have cardiogenetic heart syncope and chiari malformation, which causes me to suffer debilitating migraine headaches.

I have never been given any hope of real and lasting pain relief.

All that changed when I discovered

alkaline antioxidant water. Since I have been drinking alkaline antioxidant water, I no longer have migraines.

I used to have all day, them from the minute I woke up to the moment I went to bed. I would vomit and pass out from excruciating pain on a regular basis. My entire body used to ache with arthritic pain.

Recently I wrapped my ankles with alkaline antioxidant water packs. Within two weeks, the pain went away.

Since I began drinking the water, I can wear my contact lenses again.

I used to have pain medication shots in the back of my head because of the chiari malformation.

The malformation was caused by a small hole in the base of my skull and my brain stem growing into my spinal chord. Doctors told me that I would always be in pain. Now that I'm drinking alkaline antioxidant water, I'm no longer in pain.

Alkaline antioxidant water has completely changed my life and has given me hope for the future.

## Leg Cramps Disappeared

Abigail • I've been using alkaline antioxidant water for over a year and a half now. After six months, the cramps in my legs totally disappeared.

Moles on my neck have disappeared. I've lost a few pounds and my dry skin is gone. I've noticed that cuts and burns heal much more quickly. I'm so thankful for this water.

## Valley Fever Eliminated

Anthony • Three and a half years ago, I was living in Bakersfield, California. In desert areas, the wind blows dust which can be filled with valley fever fungus or spores.

When you breathe in the air, you can get the valley fever as I did.

The valley fever fungus attaches to your lungs and spine and breaks down your immune system. As the body becomes increasingly acidic from the air, food, stress and/or liquids, valley fever starts to thrive.

The symptoms I suffered were chronic cough, regurgitation, night sweats, fatigue and unhealthy weight loss.

I lost 35 pounds after having valley fever for six months. To top it all off, my doctors told me that there was no cure for me.

Fortunately, my father shared alkaline antioxidant water with me.



## HEALTH NEWS

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# Alkaline Antioxidant Water

Within three and a half weeks, my body started to be able to heal itself.

Now I am a healthy 31 year old guy. I work out and I am aware of what I eat.

The only change I made was drinking alkaline antioxidant water. I got better and I know that it was the water that helped me. Alkaline antioxidant water works.

## Instant Energy

Amy • When I started drinking alkaline antioxidant water, I immediately felt positive results.

My daughter and I have both been drinking alkaline antioxidant water and we have improved energy, cleansed bodies, and are free of pain.

This wonderful water even helped with my mother's Alzheimer's. It brought tears to my eyes one day when I walked into a room and found my mother reading again. She was alert, engaging, and looking at photo albums. My mother is now able to stay up and relate to our family. This is priceless!

## Renewed Every Day

Jacob • I started drinking alkaline antioxidant water 16 months ago and I feel like I'm being renewed every day.

When I started, I instantly noticed the difference in my energy level and the detoxification of my body. After a few months, I woke up without the usual bad taste in my mouth.

Now I no longer have bad breath, bad perspiration, or foot odor. The fungus on my foot has cleared up. I feel so much better overall. I sleep better now. I have not had a cold in the 16 months that I have been drinking alkaline antioxidant water and I used to almost get pneumonia every winter season.

It's great to be totally clean, fresh, and healthy again.

## Gout Gone and Cholesterol Normal

Christopher • A friend shared several gallons of alkaline antioxidant water with my wife and I.

We were very happy with the taste of alkaline antioxidant water. It is far better than any other water we have ever had.

In two to three weeks, my gout was gone. Also, my cholesterol is back to normal and I no longer have to take any medication.

Alkaline antioxidant water has been life changing. We are thankful every day for the machine.

## Stage IV Throat Cancer

Andrew • There are no words to describe how it felt when I was told that I had Stage IV throat cancer with three months to live. Almost a year and a half ago, I started heavy duty chemotherapy treatments and was sick from the onset.

The anti-nausea medicine made me so sleepy I couldn't function. I developed severe mouth sores, my hair and beard fell out, I was terribly fatigued, food had no taste, and I lost over 60 pounds.

I started drinking alkaline antioxidant water. After just 48 hours, my mouth sores were totally gone. For the first time in six months, I could eat and drink without using my feeding tube and water port.

The doctors were in awe of my progress and they stopped all my cancer medical treatment.

Six months ago, I had three biopsies taken to look for abnormalities and to determine if I had any residual cancer. When my radiation oncologist came in to review my cancer lab report, the result from the three biopsies was absolutely astonishing. The biopsies showed no cancer. The tumor necrosis was 100 percent!

Within the past few months, I have put on 20 pounds and my energy level has raised tremendously. At this time, I am maintaining my health with alkaline antioxidant water and a few other premium natural supplements. I have been blessed with great friends, doctors, alkaline antioxidant water, and blessings from God.

## Alzheimer's Symptoms Gone

Mark • Two and a half years ago, a friend of mine told me about alkaline antioxidant water he was drinking. I decided to listen because I saw how the water had changed his life.

When I started drinking alkaline antioxidant water, I had arthritis, gout, an enlarged prostate, high blood pressure, and Alzheimer's disease.

Alzheimer's disease was the worst of them all.

The last few years of my mother's life, she had Alzheimer's disease and she did not even know me. I gradually realized that the same thing that had happened to my mother was also starting to happen to me. It was hard to accept that.

Slowly and steadily, the alkaline antioxidant water began to clear out the awful symptoms of Alzheimer's disease. My memory, my mind, and my clarity were restored to me.

After six months to a year, I could remember phone numbers again. At seventy-nine years old I finally feel normal again. What Alzheimer's robbed me of was returned to me by alkaline antioxidant water.

Also, before using the water, I was in so much pain that I could not sleep in a bed anymore. I had to sleep in a recliner to get any rest at all. Now I'm pain free. Before alkaline antioxidant water, I was always being sent in for tests, going for lab work, and on various medications.

Those days are gone. It's a wonderful life and such a blessing to have these fine results.

## Violent Migraines Vanished

Karen • I have suffered horribly from migraine headaches from very early on in my life. Even as a young child, I could

not stand any light or any noise. What was normal playtime for other children was simply a painful punishment for me.

The horrible headaches became more violent as I grew older. When I had a headache, I would get vertigo, become sick and nauseated, and I would vomit.

As I matured, they became increasingly more violent. It

became so bad that I was often unable to even stand up on my own. I would have to stay in bed for two to three days at a time.

Over two years ago, I started drinking alkaline antioxidant water. I have not had a migraine since.

I've always had colon problems and would have to get a colonoscopy every six months. After drinking alkaline antioxidant water, my colon is normal again. When we first got the machine, I had been struggling with bronchitis for four months. The water got rid of the bronchitis, too. I want to always have alkaline antioxidant water.

## Breast Cancer Overcome

Deborah • One year ago I was diagnosed with breast cancer. The doctors wanted to me to have chemotherapy treatments for the recurring tumors, but I refused.

Nine months ago, I started drinking alkaline antioxidant water. Seven months ago, when I had a mammogram, there were no tumors in my breasts.

This is real! I have documented medical records to prove that I had cancer just three months prior to beginning to drink the water. In my research, I found that cancer lives in an acidic environment. Drinking the water changed my acidic

body to a more alkaline body, and my body healed itself.

## Extreme Illnesses Overcome

Lisa • I was born with Alport syndrome, which causes the kidneys to not be able to filter out waste products. I had strep throat which caused complete renal failure. At the age of seven, this wiped out all the strength in my body. I have never really had the strength or felt the motivation to do anything at all. Last year, I had severe bronchial infections. I was also diagnosed with cancer in two different cervical centers.

My body is toxic with all the acid and waste in my body from all of the treatments that I have had. The thought of going through a detoxification made me nervous because detoxifying can make me very sick.

Even though I was nervous because alkaline antioxidant water helps detoxify the body, I decided to try it. I was hoping that the water would help me fight the cancer. As I drank the water, I increased the pH levels of the alkaline antioxidant water. After a few weeks, I was sitting at home and thought, "I think I want to clean and organize."

All of a sudden I realized that for the first time in my life I wanted to do something. This was a profound moment for me. Before this, I simply never had any energy or will to do anything. I would not clean my house for weeks. I was far too weak. I had never before experienced 'inspiration' or 'motivation' to actually do anything at all. The water gave me my life-force back.

It is wonderful to feel better and enjoy life and it is even more wonderful to be able to help other people to do the same.

## Paralyzed Dog Healed

Nancy • I raise Golden Retrievers on my orchard ranch. When I was on a trip, I got a call from my daughter, so I rushed home. One of my prized dogs, a 10 month-old named Snowy, was very ill and paralyzed from the waist down. She also had cataracts covering her eyes.

We took the dog to the vet and he gave her cortisone shots, but he did not know what was wrong with her. Two weeks later, there was no improvement. She was still paralyzed, cataracts still covered her eyes, and she was pooping and peeing everywhere. We took her back to the vet, but he had no idea how to help her.

A family member had been telling me about alkaline antioxidant water. He encouraged me to give the water to Snowy. I doubted it could help her because she had been already tested for so many diseases and was very ill. After five to six weeks of dealing with her illness, I decided to give alkaline



# How and Why Alkaline Antioxidant Water Works

Continued from Page 1

molecules resulting in what we call hexagonal water.

"The six sided or hexagonal water molecule micro-clusters enhance the proper hydration of our cells.

"This results in many patients feeling a generalized sense of well-being and improved health when they drink alkaline antioxidant water. These six-sided clusters found in ionized, structured, alkaline water appear to allow for the fastest internal rehydration possible.

"Hexagonal water is water which has undergone hydrogen bonding which favors its peculiar structure and energy state. In regular tap water, or water from municipal water sources, you can get structures involving up to 12, 13, 16 or greater numbers of water molecules. Such water does not promote optimal health in the same way that hexagonally structured water does.

"The percentage of hexagonal units found in water, as well as their stability, appears to depend on a number of factors, including toxin levels, mineral content, motion, and energetic influences that water is exposed to.

"For example, chlorine, fluoride, and many pollutants typically found in municipal water sources decrease the ability of water to form significant numbers of hexagonal units. Tap water

typically has a very low percentage of these structures.

"By switching from tap water to alkaline antioxidant water, one may greatly improve the functioning of the body by supplying it with truly rejuvenating, clean, healthy water.

"The hexagonal water affects health by improving the body's ability to use the water effectively.

"With alkaline antioxidant water, the water is also purified. Substances commonly added to municipal water, such as chlorine, are removed from alkaline antioxidant water before the water is consumed. The alkaline antioxidant water processor removes many harmful toxins from drinking water for good."

## Alkaline pH

In addition to the negative ORP and micro-clustering benefits of alkaline antioxidant water, a high pH level of the alkaline antioxidant water is equally important.

A top natural physician states: "On the alkalinity side it's been shown by Dr. Robert Young and other scientists,

that the more alkaline you keep yourself, the healthier you're going to be, because you're going to metabolize or break down all the acid by-products of cell respiration."

Doctor's say that everyone should drink the water. It can only do you good.

alkaline level. Our bodies are mostly water and drinking alkaline antioxidant water is the fastest way to positively impact health and eradicate inflammation and disease.

"It's important to note that establishing an alkaline metabolism and alkaline blood pH are not the same thing. Alkaline antioxidant water will alkalize your metabolism, but not through your blood pH.

"Toxins from your environment, stress, diet, and many others cause your metabolism pH to become acidic and unbalanced. Your blood pH will always be between 7.34 to 7.44.

"Alkaline antioxidant water helps balance your metabolism which directly influences the maintenance of your blood pH."

## The Final Word

Doctors have been impressed by the health benefits of alkaline antioxidant water.

One doctor concludes: "If a person starts out slowly and follows the basic guidelines, as well as consults one's physician if he or she is on any type of medication, I believe the water will offer very good and beneficial results. I believe that the proper use of alkaline antioxidant water is the single most important thing that one can do for his or her health."

Another doctor says: "Alkaline antioxidant water changes everything physiologically. It allows the enzyme systems to work the way they should. The alkalinity allows oxygen to get to tissues. More importantly, alkaline antioxidant water provides ready antioxidants to keep our bodies from rotting and rusting through the process of oxidation.

"The question is often asked: 'Who should be drinking the alkaline antioxidant water?' The answer is simply everyone from children to octogenarians."

Through our research, we have found that everyone needs to be drinking alkaline antioxidant water to improve their health and extend their life.

## Water Helped Me Provide for My Family Again

Continued from Page 1

and confident man all of my life, but I had begun feeling discouraged and was napping daily due to the fatigue.

When I began drinking alkaline antioxidant water, I noticed that my energy level increased and the midday fatigue dissipated. I felt as if I had the energy that I'd had when I was a very young man. I no longer felt the urgency and inability to urinate. I didn't have leg pain.

After drinking the water for just a few weeks, the shortness of breath and heartburn also disappeared. My cholesterol even dropped significantly. The more alkaline antioxidant water I drank, the better I felt.

I started giving the water to my wife and everyone in my family. My entire family began to experience many of their own health benefits. They have more energy, and feel more hydrated,

detoxified and healthy. Now my entire family, my friends, and many others drink alkaline antioxidant water.

My health is so much better now and since I live by the 'Pay It Forward' philosophy, I do all I can to share this wonderful water with people for health. I have tremendous energy. I can sleep through the night. I have vivid dreams.

People say I look younger and my hair is coming back. I just feel full of energy and I am ready to conquer the world.

## Migraines Eliminated

Gail • I used to drink two huge containers of bottled drinking water every day, but I still suffer from headaches daily. I also had migraine headaches every other month.

These day-long headaches would cause me to throw up, be sensitive to all light, and be unable to even lift my

head up off of the pillow. I had to take powerful prescription medicine for these migraines and the medicine would knock me out. I would be in bed all day. It was awful. It happened every other month.

Four and a half years ago, I started drinking alkaline antioxidant water. After just two weeks, I noticed that I had much more energy and I was sleeping like a baby. Most importantly, my daily headaches were gone and I no longer had migraine headaches.

Now, four and a half years later, I have only had three migraine headaches. Without the water, I would have experienced closer to 30 migraine headaches. I sleep well, dream well, and my skin is so healthy that I look younger than I did four years ago.

Alkaline antioxidant water has totally changed my life.

## Personal Experiences

Continued from Page 3

antioxidant water to Snowy. On the fourth day after I began giving her the water, I came back to check on her in the middle of the day, but she was nowhere to be found. We finally found that she had scooted her body about 50 feet away from her spot. This was miraculous.

We started to notice a difference in her reactions and body movements. Within a week and a half of drinking the water, Snowy was running around with the other dogs again.

She started eating and growing again. We even put some of the water in her eyes and the cataracts cleared up. Snowy can see again. She is the healthiest and the biggest of all my dogs. It's amazing. I went from the biggest critic to the biggest believer!

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