

HEALTH SOLUTIONS

It's possible to be:

Pain Free
High Energy
Medicine Free
Elevated Mood
Deflated Weight
Doctor & Hospital Free
Green Home



What is Kangen Water™ all about?

The Kangen Water™ machines filter tap water which removes chlorine, bromines, fluoride, heavy metals, trace pharmaceuticals, and other contaminants. Then the water passes through electrified titanium-platinum plates which splits the water into acid and alkaline which are run through 2 separate hoses coming from the machine. **So, it is not just a filter as many people refer to it.**

During the spitting process it reduces the usual large clusters (12 to 100) of H₂O molecules down to small clusters of 5=micro-clustering. This enables one to absorb the water through the intestinal tract and into the cells faster and more efficiently than other waters. Also, it makes hydroxyls (OH⁻) in high concentrations, which are anti-oxidants. **The other water ionizers make acid and alkaline water to a degree, but do not make the small or antioxidant water.** This is important to know because so many people are suffering from many health conditions due to dehydration and oxidation processes, in addition to being too acidic. Acidic tissues lead to cancer, arthritis, osteoporosis, gout and many more health issues.

The micro-clustering and available oxygen are extremely important in **athletic training and competition.** Workouts can be more extensive and frequent because tissue recovery is faster. Performance is also enhanced since the water can be consumed during the event and proper hydration can be maintained. Billy Wease R.Ph. has trimmed 15 minutes off his marathon times. He has, "Zero-Zero-Zero pain after hard workouts and after the marathon itself."

WATER SURVEY

MY survey of 70 people so far, who have been drinking this water, and no other lifestyle changes for over 30 days, shows the following:

Those 70 people have been able to discontinue 138 medications. (71 prescriptions - 76 over the counter).

- 🕒 34 had improvement or resolution of dry skin and eczema. 95%
- 🕒 31 had improvement of blood pressure. 93%
- 🕒 28 have had significant weight loss. 94%
- 🕒 28 had resolution or reduction of acid reflux and heartburn. 95%
- 🕒 25 arthritis improved or resolved. 100%
- 🕒 21 had knee pain improve or resolve. 100%
- 🕒 24 high cholesterol was lowered. 96%
- 🕒 19 headaches improved or resolved. 95%
- 🕒 21 low back pain improved or resolved. 100%
- 🕒 14 foot pain improved or resolved. 100%
- 🕒 14 diabetes improved or resolved. 92%
- 🕒 12 Constipation improved or resolved.
- 🕒 4 have resolution of fibromyalgia.
- 🕒 2 have resolved cancer & 4 have improvement.
- 🕒 66 HAVE NOTABLE INCREASED ENERGY.
- 🕒 64 HAVE IMPROVED MOODS.

ALKALINE / ACID WATER
CHANGE YOUR WATER-CHANGE YOUR LIFE!
DIFFERENT LEVELS AND THEIR USES TO MAKE YOUR HOME GREEN!

2.7 AND LOWER ACIDIC LEVEL: DISINFECTS AND REMOVES STAINS!

Brush teeth and gargle for 1 minute to kill the bacteria that causes gingivitis, also provides a safe bleaching for your teeth.

For deep pockets in gum tissues put 2.5 in water pic and apply to problem areas at least once a day.

Cleans cuts and scrapes by removing bacteria.

Soak feet to resolve fungal toenails, athlete's foot.

Spray on cold sores, pimples, and other breakouts of the skin to kill bacteria, viruses, funguses, and to speed healing.

Helps dry up acne.

Carry in a small spray bottle for a hand sanitizer.

Water acid loving plants 3 times during the growth season to produce vigorous growth and more blossoms.

Cleans coffee and tea stains from cups.
Removes stains from clothes and carpets without removing color, and safely bleaches white clothes.
Spray on kitchen and bathroom surfaces to clean, polish, and disinfect.
Soak warts for 30 minutes, 2 times daily - in the AM & PM to help remove.
Spray underarm areas and then apply mineral salts instead of toxic deodorants.
Drink 1 to 2 oz. with meals to aid digestion.
Kill Black Mold. May need to spray on 11.5, rinse, then apply 2.5
Disinfect meats and produce.
Kills MRSA!
Stops sweaty - smelly feet.
Disinfect cookware.
Apply to pets for fleas and mites.
Soak hands and feet to relieve cracked skin.

4.0 - 6.5 BEAUTY WATER LEVEL: TONES SKIN, SOFTENS HAIR, AND ADDS SHINE!

Use as a final rinse after shower or bath to firm skin and soften hair [many users report significant hair growth].
Mix with essential oils, spritz' on skin to hydrate, reduce lines & wrinkles, and evens tones the skin and produces younger-healthier skin appearance.
Spray on skin to reduce rashes.
Bath pets for more lustrous coats and healthier skin.
Water indoor and outdoor plants for vigorous growth.

DRINKING WATER 8.5 - 9.5: PROMOTES pH BALANCE!

Drink 3 to 6 liters every day. 1/2 Oz. per pound of body weight.
Brew coffee or tea to improve flavor, color, and nutrition values.
Rinse beans, grains and rice to increase germination.
Use as a cooking liquid for rice, beans, vegetables, to increase flavor and enrichment.
Use as a cooking liquid for broth.
Drinking water for pets.
Water for sick plants and fresh flowers.

11.0 AND UP: EXTRACTS NUTRIENTS, HIGHEST ORP VALUES!

Cleans fruits and veggies, **removes oil base pesticides !** soak for 20 minutes.
Use as a cooking liquid.
Add 1 TBS to salad dressing to keep oil emulsified.
Soak fish and chicken for 15-30 minutes before cooking.
Drink small amounts 45 minutes before meals to help digestion.
Enhances flavor when used to steam or blanch veggies.
Cleans greasy messes.
Soak clothes with grease spots.
Use in place of soap and laundry detergent.

Disperses fats and proteins from cutting boards, knives, and countertops, and stovetops.

Removes toilet bowl stains.

Mix with essential oils as a linen spray.

Lowers boiling point.

Cleans flooring.

Wash window and mirrors.

Remove road film from vehicles and bikes.

Pour 1 quart down plugged sinks to remove oil from drain.

Migraine headaches - Drink 2 to 4 Oz. of pH11.5

Apply drops to eyes several times a day to improve vision.

TO DETERMINE HOW MUCH WATER YOUR BODY NEEDS TO BE HYDRATED, DIVIDE YOUR BODY WEIGHT IN 1/2 AND CONVERT THAT # INTO OUNCES [I.E. A PERSON WEIGHING 150 LBS WOULD NEED TO DRINK A **MINIMUM** OF 75 OZ. OF WATER A DAY TO REMAIN HYDRATED]. SO, A GOOD RULE OF THUMB IS TO DRINK 25 OZ. AFTER ARISING, DRINK 25 OZ. BETWEEN BREAKFAST, (HIGHLY RECOMMENDED) AND LUNCH, ANOTHER 25 OZ. BETWEEN LUNCH AND DINNER. DO NOT DRINK BEFORE OR DURING MEALS.

Note: The alkaline water does not interfere with the stomach acidity needed for digestion, unless of course you drink it with meals.

Only a trace amount of HCL is in an empty stomach. It begins to secrete when food is taken in. When the alkaline water is drunk it is absorbed quickly through the lining of the stomach and small intestine. Therefore not interfering with stomach acid.

With this regimen, you will notice more regular and formed B.M's, less acid reflux, increased energy, improved sleep, lessened joint and tendon pain, and much - much more according to my survey.

I have also discovered that relaxing the tissues of a person's body by way of Bowen's Medical Bodywork, more than likely enhances the flow and the cellular uptake of the water.

The Better your Water - The Better your Health

Take your medications with tap water. Do not take with Kangen because they will be absorbed to quickly. Take supplements and make coffee & teas with alkaline water.

*The **price** of these Kangen machines appears high at first glance. But, when you consider all of the items in the application listed above that you will save \$\$ on, in addition to sodas, bottled water, medical and related expenses, they will*

sooner or later, cover the **cost** of your machine. There's one of my favorite quotes (author unknown), **"If you need something - you will pay for - it whether you buy it, or you don't."** Someone calculated the cost of the Enagic® SD501 machine @ only .60 cents a day over 15 years.

Remember, there are many machines to choose from ranging from \$1,280 to \$6,000, depending on your needs. Also, **there are many ways to finance**, so you should be able to find a way to take care of your purchase.

Please watch this video: www.kangendemo.com

Dr. Mitchell R Mosher, DPM, LMBT

Lori Walsh

www.ThymeForWellness.com

508.259.3541

ThymeForWellness@gmail.com